



Staff Sgt. Tramel Garrett, 25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — Maj. Gen. Charles Flynn, commanding general, 25th ID, and the division staff lead the formation in an esprit de corps run, Monday, here, to begin the annual celebration.



Sgt. Ian Ives; 2nd Stryker Brigade Combat Team Public Affairs



SCHOFIELD BARRACKS — Two Soldiers fight for second base at the softball competition, Tuesday, during Tropic Lightning Week, here.



Sgt. 1st Class Sean Riley, 25th Sustainment Brigade Public Affairs

WHEELER GULCH — Sgt. Samuel Blunt, 524th Combat Sustainment Support Battalion, prepares to drive his M1075A1 Palletized Load System truck, during the Truck Rodeo, Monday.



Pfc. Holli Cook, 25th Sustainment Brigade, Public Affairs

SCHOFIELD BARRACKS — Team members from 225th Brigade Support Battalion celebrate their victory over Headquarters and Headquarters Battalion, 32-25, during the football championship at Stoneman Field, Tuesday.



Staff Sgt. Armando R. Limon, 3rd Brigade Combat Team Public Affairs

SCHOFIELD BARRACKS — Soldiers with 1st Battalion, 21st Infantry Regiment, 2nd Stryker Brigade Combat Team, participate in the Color Guard competition, here, Monday.

Division kicks off Tropic Lightning Week

SGT. IAN IVES

2nd Stryker Brigade Combat Team
25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — Soldiers of the 25th Infantry Division enjoyed a week of friendly competition, Oct. 5-8, during this year’s Tropic Lightning Week to celebrate the Division’s 74th birthday.

Tropic Lightning Week provides an outlet for Soldiers to build esprit de corps and unit cohesion through competitive sporting and combat-related events.

This year, Soldiers had an opportunity to participate and be spectators during more than 10 events, including flag football, soccer, tug of war and a combative competition.

“Tropic Lightning Week is a great opportunity to spread unit cohesion by having friendly competition,” said 1st Lt. Matthew

Kyper.

“This also gives us time to spend with our families and showcase

what we can do and who we are as a division.”

Kyper, a native of Pittsburgh, Penn., and an engineer with Company A, 65th Brigade Engineer Battalion, 2nd Stryker Brigade Combat Team, 25th ID, is the officer in charge of the Ultimate Frisbee competition.

“At my event, I am working to provide an atmosphere for healthy competition and good sportsmanship for those participating,” said Kyper.

Creating an environment for Soldiers to enjoy themselves is the spirit of TLW. Not only is it a time to honor the 25th ID with pride, but a time for Soldiers to take a breather from their traditional duties.

“This is a great week for the unit,” said Sgt. Flores Manuel, a native of Saipan, Northern Mariana Islands, and an infantryman with 1st Bn., 14th Inf. Regt., 2nd SBCT.



Best Warrior Competition gets underway at Fort Hill

SGT. LISA VINES

382nd Public Affairs Detachment

FORT A.P. HILL, Virginia — Soldiers had just arrived at the U.S. Army Asymmetric Warfare Training Center for a couple hours when they were called to a formation and began preparations for the start of the U.S. Army’s Best Warrior Competition, here, Sunday.

Competitors began the essay and weapon-zeroing portion of the competition during the afternoon. While the essay portion is essential to the Soldiers’ score, they were most interested in beginning the weapons portion, zeroing an M4 carbine on a 25-meter indoor range.

Sgt. Michael Hooks, a horizontal construction engineer from Headquarters and Headquarters Company, 130th Engineer Brigade, 8th Theater Sustainment Command, representing U.S.

Army Pacific Command, was among the first to finish zeroing his weapon during the first qualifying event of the competition.

“I’m feeling good so far,” said Hooks. “I think shooting is something everyone enjoys.”

Hooks’ upbringing proved advantageous to zeroing and marksmanship for this competition.

“Before I came into the Army, I grew up hunting and fishing, so I did a lot of shooting and really enjoyed it,” said Hook.

The contenders have competed and mastered benchmarks throughout the year, succeeding at competitions from brigade to regional, to qualify for the Armywide event.

Spc. Emanuel Moore, a radio communications security repairer assigned to 1st Battalion, 160th Special Operations Aviation Regiment (Airborne), representing Special Operations Command, said confidence and hard work is what helped him get to this lev-

el in the Best Warrior Competition.

“I trained hard,” said Moore. “My inspiration for being here is to set an example, show people that if you work hard and good things will come out of it.”

“I’m always confident, but everyone else here is confident, as well, so I’m just excited to be competing with the Army’s best,” added Moore.

Though the purpose of this competition is to emphasize that all Soldiers must meet basic Soldiering standards by highlighting those who excel, sometimes it is family that is the highlight to some Soldiers, many of whom have families cheering them on at home.

“My dad is going to come to the ceremony,” said Moore. “Also,



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Police Call

Garrison community readies for Halloween

COL. DUANE R. MILLER
Director, Emergency Services
U.S. Army Garrison-Hawaii, and
Commander, 8th Military Police Brigade,
8th Theater Sustainment Command

As Halloween approaches, we wanted to take an opportunity to discuss this year’s festivities.

Halloween trick or treat hours will be 6-9 p.m., Oct. 31.

We will be out doing our part to make sure the community has a safe and enjoyable event.

The Directorate of Emergency Services will provide increased security presence in the community during trick or treat hours. Military and Department of the Army civilian police will be working together to ensure all activities are conducted in a safe manner.

As always, the community should feel free to approach any MP or DA police officer with issues and concerns.

Parents are strongly encouraged to have children carry a flashlight or a chemical light. Parents should dress chil-



Miller

Tripler Army Medical Center and the U.S. Army Health Clinic-Schofield Barracks Radiology departments will X-ray candy for all eligible personnel.

Families wishing to have their treats examined should report to the TAMC Radiology reception area, 3G (mountainside) or USAHC-SB Radiology, Bldg. 685, first floor, 5-7 p.m., on Halloween, or 7 a.m.-6:30 p.m., Nov. 1.

Residents planning not to give candy to trick-or-treaters should indicate so by leaving their porch lights off.

DES also recommends that parents advise their children that if no one opens

a door after one or two knocks or rings to move on to the next residence.

(Note: X-raying candy will not detect nonmetals, such as fine particles, liquids, powders or chemical contaminants.)

Halloween Safety

DES recommends that parents remind their children out trick or treating alone to think about safety:

- Wait for proper traffic signals and stay on the sidewalk, whenever possible.
- If there is no sidewalk, walk on the left side of the roadway facing traffic.
- Look both ways before crossing the street and use crosswalks.
- Never enter vehicles or homes when invited by a stranger.

Parents are reminded to abide by USAG-HI Policy #34, on Child Supervision:

- Children under the age of 10 require an adult escort.
- Children 13 years of age and younger must be inside their or a friend’s residence by 9 p.m.
- Children 14-17 years of age must be inside their or a friend’s residence by 10 p.m.

Exceptions follow:

- If children are under the direct supervision of a parent, guardian or a family member 18 years of age or older.
- If children are returning from a community facility, installation activity, a youth service program or from paid employment.

For more information on the services and the personnel who support this community, visit www.garrison.hawaii.army.mil/des/default.htm.

NATIVE HAWAIIAN COUNCIL



Courtesy Photo

SCHOFIELD BARRACKS — Members of the U.S. Army Garrison Native Hawaiian Council gather for a remembrance photo after touring the Soldiers Chapel, here, Sept. 23. The chapel was constructed in 1913 with donations from Hawaii’s Queen Lili’uokalani and others in the local and Army communities.

Pictured from left to right, front row, are Christopher Dawson, Dennis Drake, Leonard Housley, Col. Richard Fromm, Dr. Haaheo Guanson, Amy Bugala and Maria Orr. In the back row, left to right, are Allen Hoe, Shad Kane, Rev. Kaleo Patterson and Ronald Jarrett.

5 STEPS in FAITH

Do you know what your legacy will be?

CHAPLAIN (MAJ.) JOHN GRAUER
Plans and Operations
U.S. Army Garrison-Hawaii

Hawaii is a long way from Nepal, but the two places have something in common: We have the two highest mountains in the world.

Everest is the world’s tallest mountain above sea level, rising 29,029 feet.

Mauna Kea, a dormant volcano on the Big Island of Hawaii, is the world’s tallest mountain when measured from its base below sea level, rising approximately 33,474 feet from the Pacific Ocean floor.

Whatever you think of the new movie, “Everest,” may depend entirely on whether or not you like fact or fiction. Remember, it’s a movie!

The film, starring Jake Gyllenhaal, Josh Brolin and Jason Clarke, posted No. 1 openings in several countries.

“Everest” is based on the true story of a climbing disaster in May 1996. Perhaps it is based loosely on Jon Krakauer’s book, “Into Thin Air,” which is consid-



Grauer

Seattle-based Mountain Madness Company, were each vying to reach the summit of the highest mountain on the same day, when tragedy struck, ending the lives of eight climbers.

On the evening of May 11, 1996, New Zealand mountaineer Rob Hall made his last radio call from near the summit of Everest. He had spent the night in blizzard conditions just below Everest’s 29,029-foot summit. Unable to walk due to frostbite, running out of oxygen and stranded without food, or shelter, Rob Hall lay dying just out of reach of any

ered to be a true account of the author’s expedition led by highly respected mountain guide, Rob Hall.

Along with Rob Hall, several other groups, to include Scott Fischer of the

rescuers on the mountain; yet, Hall managed to patch through via radio to his wife, Jan Arnold, in New Zealand, who was seven months pregnant with the couple’s first child.

There was nothing staged about their conversation. When he talked to his wife, they named their unborn baby “Sarah.” Dozens of mountaineers were listening live from various camps on Mount Everest, and they all heard that final conversation.

Jan Arnold, tried to give hope to her husband with these words, “I’m looking forward to making you completely better when you come home,” to which Hall replied, “Sleep well, my sweetheart. Please don’t worry too much.”

And with those words, Rob Hall, one of the greats in mountaineering, passed away as the sun sank over the mountain giving way to total darkness.

How do you want to be remembered? What memories are you left with: a husband, a lover, a father, a friend or a mountaineer?

“So many of my images of Rob Hall have to do with the humor of the man. He would have an absolutely plastic face, and he could tell jokes,” said Beck Weathers, a survivor of that fateful day.

“And he laughed harder than anybody, not because of the way he told a joke. He just loved a story, the camaraderie of it. “I remember one of the very first things when I got there, he wanted to make certain that none of us were going to be a bunch of down, whiny kind of folks,” he said.

What will they say about you? Here is something that should always give us hope. Rob Hall never stopped motivating his team to find courage and strength, up and down the mountain. Loyalty is showing high moral standards, and doing what is right – no matter what the situation. Live your life with meaning, and people will remember the legacy you leave behind.

(Editor’s note: Quotes are from “Storm Over Everest, Remembering Those Who Died.”)

Voices of Ohana

In support of Domestic Violence Awareness Month

“What tip do you have to prevent domestic violence that other people might not have considered?”

By 30th Signal Battalion, 516th Sig. Brigade, 311th Signal Command (Theater)



“Be fairly grounded with respect ... take a humble approach to identifying and solving problems.”

Sgt. 1st Class
Zachary Adams
30th Signal Battalion



“Make it an art form to de-escalate the situation and figure out what it is you need to do to control your own emotions.”

SSgt. Bradly
Carmon
29th Engineer Battalion



“I take a step back and let the conversation cool off. I like to think back to when I first met my wife.”

Spc. Andrew De
Jesus
325th Aviation Regiment



“Start educating kids at a younger age on how to be respectful in a relationship, whether it be romantic, business or personal.”

Pvt. Macy Miller
325th Aviation Regiment



“Your judgement is clouded by stress or anger. You need someone that shows you a different perspective.”

Pvt. 1st Class
Dimitris Sotos
30th Signal Battalion

Army changing its basic combat training this month

In Part 2 of 4, testing and retesting get reintroduced

C. TODD LOPEZ
Army News Service

Army Basic Combat Training, or BCT, includes a red, white and blue phase.

Each phase includes lessons that focus on the social, physical and cognitive development of new Soldiers.

At one time, the Army tested Soldiers to make sure they had learned what they were supposed to learn while in those phases of BCT.

“Long ago, we used to do phase testing,” said Command Sgt. Maj. Dennis Woods, U.S. Army Training and Doctrine Command’s Center for Initial Military Training. “Then, we quit doing that. We are bringing phase testing back. There’s red, white and blue phase testing.”

This month, the Army will reintroduce end of phase testing. Soldiers will be evaluated at the end of each phase for what they were supposed to learn, and each phase builds on and re-tests Soldiers on what they had learned in previous phases.

“Testing at the end of each phase gets more difficult,” Woods said, “and blue phase testing in-



File photo

Bayonet training is conducted at BCT in Fort Jackson, South Carolina, in 2010.

cludes everything.”

Woods said testing at the end of phases for everything taught up until then is a change from how things had been done, which was to test Soldiers after each lesson was taught. He said that created problems with knowledge retention. There simply wasn’t enough time to get in the skill and knowledge application repetition that makes new ideas stick.

“I’d give you a bunch of first aid training, and then test you on it,” he said, “and if you pass, we

move on to the next subject. But we weren’t doing enough repetitions of these activities to make sure you have it under stress. There are more repetitions now and more time spent on a task.”

One reason there is more time, Woods said, is because less time is going to be spent in BCT on theater-specific knowledge.

Soldiers have to have general knowledge now, rather than Iraq-specific knowledge. Clearing out lessons that prepared Soldiers for the desert means there is more room to hammer home the

Securing cyberspace is a shared responsibility of all

FEDERAL BUREAU OF INVESTIGATION
News Release

October is National Cyber Security Awareness Month, administered by the Department of Homeland Security.

This month is the perfect time of year for individuals, businesses and other organizations to reflect on the universe of cyber threats and to do their part to protect their networks, their devices and their data from those threats.

Consider this

Within the past year, personally identifiable information has been stolen in a number of significant cyber data breaches, impacting industries like health care, government, finance, corporate and retail.

The use of malware by online criminals continues unabated, and of the available intrusion devices, the “bot” is particularly pervasive, allowing attackers to take control remotely of compromised computers. Once in place, these “botnets” can be used in distributed denial-of-service attacks, proxy and spam services, additional malware distribution and other organized criminal activity.

Cyber criminals perpetrate a wide variety of crimes online, including theft of intellectual property, Internet fraud, identity fraud and any num-

But government can’t do it alone; assistance and vigilance from the public is vital.

ber of financial fraud schemes.

Sexual predators use the Internet and social media to target the youngest and most vulnerable victims. And many criminals use the so-called “dark web” or “dark market” websites that offer a range of illegal goods and services for sale on a network designed to conceal the true Internet provider, or IP, addresses of the computers on it.

The FBI – working in conjunction with its many partners at the local, state, federal and international levels, as well as with industry – takes its own role in cybersecurity very seriously.

That role involves operational efforts, including investigating and disrupting cyber-related national security threats and cybercrimes, and collecting, analyzing and disseminating cyber threat intelligence. It also involves outreach efforts to industry.

Examples

Here are just a few examples of how we’re do-

ing all of that:

- The FBI-led National Cyber Joint Investigative Task Force serves as the national focal point for coordinating cyber threat investigations. The work of the NCJITF includes a national public/private initiative to mitigate the use of botnets and malware by criminals, which has emerged as a global cybersecurity threat.
- Cyber task forces in all 56 field offices coordinate domestic cyber threat investigations in local communities through information sharing, incident response, and joint enforcement and intelligence actions.
- InfraGard – an information-sharing and analysis effort with private sector partners who own, operate and hold key positions within some 85 percent of the nation’s critical infrastructure – equips its members to identify and mitigate vulnerabilities, develop incident response plans and enact security best practices.
- The Internet Crime Complaint Center (IC3) accepts online submissions for Internet-related crime complaints, often involving fraudulent claims to consumers. These complaints cannot only lead to culprits getting caught, but also help identify regional, national or international trends to educate the public about constantly evolving

cyber threats and scams.

- The FBI’s Safe Online Surfing website, an online program, is promoting cyber citizenship by educating young students in the essentials of online security in an effort to help protect them from child predators, cyber bullies, malware, a multitude of schemes, and other dangers on the Internet.

The Bureau will continue to work jointly with our national security and law enforcement partners to address threats to the nation’s cybersecurity from nation-states, terrorist organizations, transnational criminal enterprises and child predators. But government can’t do it alone; assistance and vigilance from the public is vital.

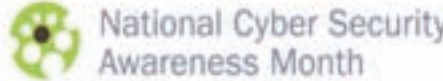


Photo courtesy of the FBI

October is National Cyber Security Awareness Month, administered by the Department of Homeland Security.



U.S. Army file photo

The Office of Personnel Management has begun to notify individuals impacted by the second cybersecurity breach.

OPM to issue notices about second breach

OFFICE OF PERSONNEL MANAGEMENT
News Release

The Office of Personnel Management has identified two cybersecurity breaches.

The second data breach has involved background investigation data, and OPM has begun to notify individuals impacted by the second breach.

Oct. 1, OPM announced that it had begun sending out notices to individuals impacted by the second breach. The notices are being sent via the U.S. Postal Service; email will not be used. The letters will advise of the protections being offered.

Impacted individuals will automatically get identity theft insurance and identity restoration. Impacted employees are encouraged to enroll in additional protection services. Information on those services will be included in the letter.

The notices will contain a personalized identification number that is necessary to enroll in the covered services. Please note that neither OPM, nor anyone acting on OPM’s behalf, will contact you to confirm any personal information.

If you are contacted by anyone asking for your personal information in relation to compromised data or credit monitoring services, do not

provide it.

While notifications are beginning this week, given that over 21 million individuals were impacted, it will take considerable time to deliver all the notifications. OPM expects it to take 12 weeks before all notification letters are delivered.

For those unsure if they were impacted, be aware that ID Experts, the contractor providing the services to impacted employees, will not be able to verify whether or not an individual’s data may have been impacted or enroll individuals without a PIN over the phone.

More Online

The Office of Personnel Management Director’s Blog concerning this matter is available for reviewing at www.opm.gov/blogs/Director/2015/10/1/Notifying-Those-Impacted-by-the-Recent-Cyber-Intrusion.

Also, OPM has updated its Q&As at www.opm.gov/cybersecurity/faqs/.



NATIONAL DISABILITY EMPLOYMENT AWARENESS MONTH

National Disability Employment Awareness Month

“My Disability is One Part of Who I Am”

October 2015

During National Disability Employment Awareness Month, we recognize the indispensable contributions Americans with disabilities make to our Nation. The Army relies on the abilities of all to accomplish our mission. By drawing on the strengths and talents of our diverse workforce, we are better positioned to defend our Nation.

The Army expresses its sincere gratitude for the many contributions and achievements of Americans with disabilities. These extremely capable Americans, including Civilian Employees, Wounded Warriors and Disabled Veterans routinely overcome significant challenges in order to serve their country and communities. The Army is committed to showing them the same level of appreciation and dedication.

This month, join us as we recommit ourselves to implementing effective practices that increase employment opportunities for Americans with disabilities and foster an inclusive work culture that welcomes the skills and talents of all. Army Strong!

Daniel A. Dailey
Sergeant Major of the Army

Mark A. Milley
General, United States Army
Chief of Staff

John M. McHugh
Secretary of the Army

Courtesy of Department of the Army

This Army observance remains important to our communities as we recognize the countless contributions Americans with disabilities make to our Army on a daily basis.



Stamps strives to win, dominate during combatives

Story and photo by
SGT. IAN IVES
2nd Stryker Brigade Combat Team
25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — His moves are fluid and calculated. Every action made is with the intention of taking his opponent into submission.

Though his face seems calm and content, you can see the intensity in his eyes. Losing is never an option.

“I really want to win this combatives competition,” said Stamps. “It’s obviously a huge adrenaline rush to be in a fight, but nothing beats that feeling of having your hand raised at the end of a match.”

2nd Lt. Jameson Stamps, a native of Houston, Texas, and an engineer with Company A, 65th Engineer Battalion, 2nd Stryker Brigade Combat Team, 25th Infantry Division, is one of many hopeful competitors in this year’s combatives tournament during Tropic Lightning Week.

Stamps strives to hone his skills and win. That placed him in a gym practicing every night for more than two hours during the week leading up to the competitions. Other than Modern Army Combatives, he has been working to strengthen himself in many different practices from stand-up fighting to his ground game.

Stamps is not a stranger to competitive fighting. He has been involved in mixed martial arts since he was in high school where he trained in Brazilian Jiu Jitsu and boxing. Since joining the Army, he has added Modern Army Combative skills to his fighting résumé while continuing to actively practice his other techniques.

“Tropic Lightning Week is an opportunity for me to put my skills to the test and prove that I am the best,” said Stamps.

Stamps has not been training for the combatives competition alone. He is one of approximately 10 Soldiers in 2nd SBCT who have been preparing to compete under the training guidance of combatives coach Staff Sgt. Derrick Banks, a native of Westland, Michigan, and a combat engineer with Co. B, 65th Brigade Engineer Battalion.

“We started off with reviewing combatives fundamentals to get a feel of everyone’s current skill level,” said Banks. “Then we used 2nd Lt. Stamps’ experience, as well as more advanced Modern Army Combative Program techniques, to prepare the competitors.”

Throughout the course of the competition, teams from each brigade competed for the No. 1 spot. The teams are generally comprised of winners from brigade level competitions held earlier this year, such as 2nd SBCT’s Week of the Warrior.

“I am confident in our abilities to win,” said Banks. “If our Soldiers do lose, though, as long as they show good sportsmanship and give it 100 percent on the mat, I will be OK with it.”

Losing, however, did not seem to be on Stamps’ agenda. As the days of practice began to come to a close, Stamps trained harder than ever. On Oct. 5, during the start of the combatives competitions, Stamps won his first round as expected.



As team members of the 65th BEB, 2nd SBCT, 25th ID, conduct their weekly combatives practice, Sept. 30, 2nd Lt. Jameson Stamps (right), a native of Houston, Texas, and an engineer officer with Co. A, 65th BEB, helps instruct members of his team.

225th BSB defeats HHBN in flag football, 32-25

Story and photos by
PFC. HOLLI COOK
25th Sustainment Brigade Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — Units from across the 25th Infantry Division competed in a flag football tournament, Oct. 5-6, during Tropic Lightning Week, an annual celebration of the division’s birthday.

Teams competed in games throughout both days at Stoneman Field, culminating in a championship game between 225th Brigade Support Battalion and Headquarters and Headquarters Battalion, 25th Infantry Division.

The Soldiers of the 225th BSB played a hard-fought game against the members of the HHBN team, leaving the field as victors in the 32-25 game.

According to Sgt. Casi Mayo, coach and player for the 225th BSB, his team won because of

the relationship and teamwork they had developed from years of practice together.

“We’ve been together as a team for three years, so everyone knows their positions and are pretty much interchangeable,” said Mayo. “So, we took that and went with it.”

Sgt. 1st David Marcelli, organizer and non-commissioned officer in charge of the event, said the competition and events of Tropic Lightning Week are meant to enhance esprit de corps, as well as celebrate the rich heritage of the division.

Marcelli said the games offer Soldiers an outlet for relaxation from the rigors of Army duty and a chance to set aside their worries and enjoy the sports.

“We are often not able to play sports during the duty day,” said Marcelli. “Having a week filled with sporting events makes everybody happy.”



A player from HHBN (yellow flags) runs the ball during the flag football championship game at Stoneman Field, Tuesday.



Soldiers of the 225th BSB (blue flags) set ready to defend their lead against HHBN during the flag football championship game at Stoneman Field, Tuesday.



A Soldier with the 29th BEB catches a rebound inside the gym at Helemano Military Reservation, Tuesday. The 29th BEB advanced as far as the quarter finals during the Tropic Lightning Week basketball tournament.

‘Broncos’ play b’ball w/heart, camaraderie

Story and photos by
STAFF SGT. ARMANDO R. LIMON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

HELEMANO MILITARY RESERVATION — Two battalions with the 3rd Brigade Combat Team advanced as far as the quarterfinals of the Tropic Lightning Week basketball tournament, here, Oct. 6.

While not finishing at the top, both the 2nd Battalion, 27th Infantry Regiment, and 29th Brigade Engineer Bn., played with a lot of heart and camaraderie.

Sgt. Ollie Travis, Company A, 2nd Bn., 27th Inf. Regt., was one of the members of the squad who put up a tough fight against the 2nd Bn., 11th Field Artillery Regt. team.

“Today we came out with good energy,” Travis said. “We had a lot of fun.”

The previous game went better for his team, leading to a last-minute victory.

“We came back from being down about 10 points with eight minutes left,” he said. “We came back and won by seven.”

Pfc. Albert Doyle, Headquarters and Headquarters Co., played a strong defense against his team’s opponents.

Doyle said he was working fervently on the defensive side trying to shut down the largest player on the opposing team.

The 29th BEB played equally as well, at the

same time, right next to 2nd Bn., 27th Inf. Regt.

Sgt. 1st Class Patrick Hernandez, assigned to Co. A, 29th BEB, stated after the game that his entire team played well.

“I think the team did pretty good,” Hernandez said. “During the second half, we got the ball moving on the court a lot more than before.”

He thought his own performance was satisfactory during much of the game.

“The second half was when I got a little bit better,” he said. “I think I scored 14 points during the second half.”

One of the older, but wiser players during the tourney was Command Sgt. Maj. Donald Thompson, 29th BEB.

With tough grit and tenacity, not seen in some of the young players in other teams, Thompson proved that he still had it on the basketball court.

“We went here and played a good game. Because of our hard work, these guys blew out a couple teams by 20 points,” Thompson said, putting praise on his teammates’ efforts.

He said that his team kept playing hard and was undoubtedly proud of the “Wayfinders” that played alongside him on the court.

“I will tell you one thing; they never quit,” he said.

“At the end, it showed we still had heart and we still had the winning spirit,” he added.



The 29th BEB basketball team huddles together during a time out to discuss strategy inside the gym, Tuesday.

TLW’s more than contests

SGT. BRIAN C. ERICKSON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — To celebrate the 74th birthday of the 25th Infantry Division, the division scheduled four days of competition among the brigades, Oct. 5-8.

The event is known as Tropic Lightning Week, or TLW, but the Soldiers and leaders understand it is not just about competing.

“It is not just about sports; it’s about being part of something bigger than yourself,” said Spc. Westin Blakely, Headquarters and Headquarters Company, 2nd Battalion, 27th Inf. Regiment, 3rd Brigade Combat Team, 25th ID.

Since the 1920s, the U.S. Army has been a part of the community in Hawaii.

Oct. 1, 1941, marked the beginning of the 25th ID’s history – over 74 years – and its strong relationship with the community, here.

“Knowing what the organization is about will help motivate them (Soldiers) to be a part of it,” said 1st Sgt. Momar Samb, senior enlisted adviser, Forward Support Co., 3rd Bn., 7th Field Artillery Regt., 3rd BCT, 25th ID.



Photo by Staff Sgt. Armando R. Limon, 3rd Brigade Combat Team Public Affairs, 25th Infantry Division

Soldiers with the 25th ID raise the colors during morning reveille prior to the division run, Monday.

Tropic Lightning Week not only celebrates the division’s birthday, but it also marks the 50th anniversary of the division’s deployment to Vietnam.

During the past years, 25th ID veterans have made appearances to help celebrate the history that they themselves help set in motion.

The Cacti commander said the opportunity for his Soldiers to meet and talk to the veterans is a good chance for them to see who came before them.

The week of celebration and competition is also about bringing the units from across the division together at one time.

“The division coming together outside of the (battalion) quad is a good thing for the Soldiers to see,” said Lt. Col. Ryan O’Connor, commander, 2nd Bn., 35th Inf. Regt., 3rd BCT, 25th ID.

He continued to say it is a great opportunity for Soldiers to actually see and get to know Soldiers in other units across the division.

Blakely summed it up by stating that if you take part in the weekly activities, not only are you helping to keep the division strong cohesively, but also showing pride in the division.

Color guard gets tested on time-honored skills

Story and photo by
STAFF SGT. ARMANDO R. LIMON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — Soldiers from the various battalions within the 25th Infantry Division competed fiercely for honors at the color guard competition during Tropic Lightning Week, here, on Oct. 5-6.

Regardless of rain or shine, the Soldiers present gave their best during the competition.

The color guard team for 1st Battalion, 21st Inf. Regiment, 2nd Stryker Brigade Combat Team, rallied itself prior to the start, said Sgt. Cody Combs, a member of the team.

“About 30 minutes prior to the competition, we did a little practicing, and then we executed,” Combs said. “I feel like we did pretty well.”

Sgt. Zachariah Vanderleest, another member of the team, said he felt confident of his team’s performance.

“We were pretty caught up with other things that took priority, but I feel that the time that we did find to practice for this, we were able to come together and did a pretty good job,” Vanderleest said.

The inspection prior to the color guard taking the field was rather tough on the teams as thorough eyes sought any deficiency.

“We got docked a couple points for small things,” he said.

One of the inspection graders, Sgt. Matthew Balsley, assigned to 3rd Squadron, 4th Cavalry Regt., 3rd BCT, said he was grading for appearance, cleanliness of uniforms and equipment.



Soldiers with 1st Bn., 21st Inf. Regt., participate in the Color Guard competition at Schofield Barracks, Monday.

“I’m grading uniforms, cleanliness, as well as equipment,” Balsley said. “That involves a variety of areas, such as the boots and all the way up to the patrol cap.

The color guard team for Headquarters and Headquarters Battalion, 25th ID, executed rather well during its time on the grading field.

Pfc. Robert Nemetz, an HHBN color guard team member, thought his team’s performance and appearance were received favorably by the grading team.

“We kept our bearing and I’m proud of what we accomplished out there with our team,” Nemetz said, with a sense of satisfaction.

Truck Rodeo tests the driver’s skills with competition

Story and photo by
SGT. 1ST CLASS SEAN RILEY
25th Sustainment Brigade Public Affairs
25th Infantry Division

WHEELER ARMY AIRFIELD — The concept is simple: Provide a team of Soldiers a safe environment and an opportunity to demonstrate their technical and tactical knowledge of a vehicle and its capabilities to prove once and for all which unit of the 25th Infantry Division has the best drivers.

That’s just what members of the 524th Combat Sustainment Support Battalion, 25th Sustainment Brigade, did Oct. 5 and 6, during the 25th ID’s Tropic Lightning Week.

The teams competed at a closed course upon which they connected a trailer, navigated a turnaround, reversed with the trailer into a marked stall, disconnected and maneuvered to a Flatrack, hoisted the rack and off-loaded prior to moving to the start-finish line.

“The entire event is all about basic driving skills,” said 1st Lt. Joshua Schaffer, officer in charge and organizer of the event. “The teams are being graded on how well they can perform these basic 88M (motor transport operator) tasks.”

The teams competing in the event are composed of three Soldiers: a driver who must be a licensed and trained operator for the vehicle, a vehicle commander and a ground guide. The vehicle commander is also required to mount and dismount the vehicle to assist with ground guiding and the connecting and disconnecting of trailers. In most cases, the job, or military occupational specialty was 88M; however, holding the MOS 88M was not required.

censed and trained operator for the vehicle, a vehicle commander and a ground guide. The vehicle commander is also required to mount

and dismount the vehicle to assist with ground guiding and the connecting and disconnecting of trailers. In most cases, the job, or military occu-



WHEELER GULCH — Driven by Sgt. Samuel Blunt and guided by Sgts. Jermar Holloway and Montez Wiggins, the team throws down a 12 minute, 2 seconds time in their Palletized Load System prime mover truck through the Truck Rodeo course, Monday.

ational specialty was 88M; however, holding the MOS 88M was not required.

“It’s an overall assessment of how much skill and experience the team has with the vehicle,” said Schaffer.

The “Roadmasters” of the 25th Transportation Company, 524th CSSB, provided the M1075A1 Palletized Load System trucks, equipment and personnel to run the competition.

After the teams from across the Tropic Lightning Division completed their runs, as quickly and as safely as they could, the 2nd Battalion, 35th Inf. Regiment team was declared the best in the division after posting a time of 10 minutes, 34 seconds.

Second place went to the 524th CSSB with its time being 12 minutes, 2 seconds.

Third and fourth place were taken by the 1st Bn., 21st Inf. Regt., and 2nd Bn., 27th Inf. Regt.

The 25th ID is celebrating its 74th birthday (to include the 50th anniversary of the Division’s entry into Vietnam) with Tropic Lightning Week, held Oct. 5-8. This annual event is filled with competitions to enhance esprit de corps throughout the ranks of the Tropic Lightning Division and is open to all Tropic Lightning veterans, 25th ID Soldiers and family members.

Celebration of Service honors more than 125 years

Story and photo by
STAFF SGT. CHRISTOPHER MCCULLOUGH
U.S. Army-Pacific Public Affairs

FORT SHAFTER — Family, friends and colleagues of five U.S. Army Soldiers came together at historic Palm Circle, here, Oct. 2, for a ceremonial expression of appreciation and gratitude for their combined 125 years of federal service to the U.S. Army, the U.S. Army-Pacific and the nation.

“At USARPAC, we call it a Celebration of Service because that’s what we’re here to do,” said USARPAC’s commanding general, Gen. Vincent K. Brooks, who officiated the ceremony, “and that’s to celebrate the service of five experienced leaders, our ‘One Team’ teammates, who will transition from active duty to the honorable list

of retired.”

USARPAC’s Celebration of Service ceremony recognizes Soldiers for their distinguished service to USARPAC and the U.S. as they prepare to tran-



Participants attend the Celebration of Service ceremony, Oct. 2, at historic Palm Circle, here.

sition into new careers. This was the sixth such celebration held with the intent of honoring retiring service members quarterly.

Over the course of the celebration, Brooks

spoke to the audience about how the five retiree careers have impacted USARPAC. He also addressed how their devotion made the Army better, and personally thanked each of the honorees for the sacrifices they and their families have made.

“Congratulations to all the honorees on achieving this milestone called military retirement,” Brooks said, in closing.

“Thanks to your families, and to the supporting cast of these stars, for sharing them with us, and with our nation, for these many decades, and for being their strength.” he added. “May God bless each of you in the next chapters of your story, and know that you always have a home in this ohana.”

All attendees congratulated the honorees.



Today

Renaming — The APCSS was renamed the Daniel K. Inouye Asia-Pacific Center for Security Studies (DKI APCSS), Tuesday, and is celebrating two decades of educating, empowering and connecting security practitioners throughout the Asia-Pacific region in the interest of peace, stability and prosperity.

Learn more about the DKI APCSS at <http://apcss.org/>. Read the story in next week’s newspaper, Oct. 16th.

Gift Wrapping — Family readiness groups authorized to operate on U.S. Army Garrison-Hawaii may register to participate in annual holiday gift wrapping fundraisers at the Schofield Exchange through Nov. 2. Send a request to usarmy.wheeler.imcom-pacific.mbx.fundraising@mail.mil.

A random drawing will be held Nov. 4. Fundraising dates are Nov. 27-Dec. 24, from 9 a.m.-8 p.m., daily and Saturday, and Sundays, 10 a.m.-6 p.m. Call 656-0102.

10 / Saturday

Living History — The Tropic Lighting Museum hosts Living History Day to commemorate the 25th Infantry Division’s organization day, 10 a.m.-3 p.m., featuring static exhibits of modern military Soldiers and equipment, military memorabilia, restored military vehicles, re-enactors in period uniforms and hands-on displays of military artifacts.

12 / Monday

AUSA — Will visit ACS, Classroom #2, SB, Oct. 12-14. Soldiers and family members are encouraged to participate. Call 655-4227 to RSVP or for

questions. Register, immediately – by noon, Friday, Oct. 9 – for Forums I, II and IV.

- Forum I, A Town Hall with Senior Army Leaders, Oct. 12, 8-10 a.m.
- Forum II, The Healthy Home Part 1 - Health and Wellness, Oct. 13, 3-5 a.m.
- Forum III, The Healthy Home Part 2 - Resilient Families, Oct. 13, 8-10 a.m.
- Forum IV, Soldier and Family Readiness - A System of Support, Oct. 14, 3-5 a.m.
- Forum V, Transitioning to Veteran or Retiree Status - What Spouses Need to Know, Oct. 14, 8-10 a.m.

Want access from home? Visit www.ausa.org/family. Submit questions prior to the forums at <https://www.facebook.com/AUSAFamily>.

Note, this announcement is not intended as an actual or implied endorsement of AUSA by Installation Management Command leadership.

23 / Friday

HHD CoC — Headquarters and Headquarters Detachment, U.S. Army Garrison-Hawaii, will hold a change of command ceremony at 10:30 a.m., Oct. 23, behind Bldg. 104 (the Directorate of Public Works building), on Wheeler Army Airfield. Capt. Jennifer L. Nicholas will

assume command from Lt. Naomi F. Sirignano.

28 / Wednesday

CIE — The next Community Information Exchange is at 9 a.m., Oct. 28, at the Nehelani. Participants will learn about events and activities happening in U.S. Army Hawaii the next 90 days, and they can ask questions of subject matter experts.

31 / Saturday

Halloween — The observance will be celebrated from 6-9 p.m., Oct. 31. The Directorate of Emergency Services will provide increased security presence in the community and hand out chemical-light souvenirs. See p. A-2 for more details.

November 16 / Monday

AFAP — The Army Family Action Plan Conference will run from 8 a.m. to 12 noon, Nov. 16-17. Community members can submit quality of life issues for AFAP to www.garrison.hawaii.army.mil.

Volunteers and delegates are also needed from all demographic groups. Training will be provided in November. Complete application at www.himwr.com/gettinginvolved/army-family-action-plan.



Today

AMR — The intersection of Plumeria and Bougainville loops on Aliamanu Military Reservation will have alternating lane closures, Oct. 9-23, for underground utility installation.

13 / Tuesday

Carpenter Closure — There will be a road closure at Schofield’s Carpenter Street, Oct. 13-16, from 8:45 a.m.-1:45 p.m., Tuesday, Thursday and Friday; also, Wednesdays, from 8:30-11:45 a.m.

Traffic will be stopped for pedestrians to walk around the work area.

19 / Monday

Leilehua Closure — Schofield’s Leilehua Avenue will be closed in phases in order to reconstruct the road.

- Curb repair will take place until Nov. 18.
- Phase 1 of Leilehua between Macomb and Kline/Gordon Lane will be Nov. 19-25.
- Phase 2 between Kline/Gordon Lane and Stoneman Field Road will be

Nov. 30 to Dec. 4. There will be no access to the parking of Bldg. 645, Family and Child Care and Garrison Sports Office.

- Phase 3 between McCornack and the Stoneman Field Road will be Dec. 7-11.
- Phase 1 through 3 closures will be 24 hours a day, seven days a week.

The lanes between Leilehua and Waianae Ave that fall within the closed portions of Leilehua will be made two-way for residents only.

On these lanes, there will be no parking in the Leilehua bound side of the road and no parking within 100 feet from Leilehua Avenue.

The 100 feet no parking area will be used for cars to turn around.

- Top lift paving and strip-

ing will be performed 8 a.m.-4:30 p.m., Dec. 14-17.

The contractor will have appropriate safety signs and barriers when the parking lot closes.

Ongoing

Kolekole Closure — There is an ongoing lane closure on Schofield’s Kolekole Avenue outbound between Flagler Road and Devol Street.

The right lane on Kolekole outbound will be closed in front of Bldgs. 2623, 2624 and 2625, daily, 8 a.m.-3 p.m.

Traffic entering and exiting Burger King, Popeye’s, the gas station and mini-mart will not be affected by this closure. Construction is scheduled to end Oct. 23.



Three in 94th AAMDC receive prestigious award

Story and photo by
SGT. KIMBERLY MENZIES
94th Army Air and Missile Defense Command

WAIKIKI — Ten individuals, representing service members and civilian entities, were recognized as Pacific Theater Air and Missile Defenders of the Year for integrated air and missile defense excellence, Sept. 26, by the Missile Defense Advocacy Alliance during a ceremony, here.

“It is terrific to see such a strong show of support for the missile defense community professionals,” said Navy Adm. Harry B. Harris Jr., commander, U.S. Pacific Command. “We get to recognize members of each service who represent the best in leadership in our efforts and our ability, who have demonstrated their commitment to excellence within the missile defense community.”

The individuals were nominated by their peers and commanding officers to recognize their roles in defending the home front, armed forces and allied forces. They represent the best in leader-

ship and personal effort, demonstrating their commitment to excellence in their critical roles as part of air and missile defense.

“It was such an honor to be recognized with this award,” said Staff Sgt. Robert Field, a Pacific Theater Air and Missile Defender of the Year recipient and a sensor control adviser with 14th Missile Defense Battery, 94th Army Air and Missile Defense Command. “It is great to be recognized for our efforts in our field.”

The other Pacific Theater Air and Missile Defenders of the Year for the Army included Staff Sgt. Joe Chacon, assistant operations NCO, and Sgt. Thomas O’Neal IV, sensor manager. Both Soldiers are with the 10th Missile Defense Battery, 100th Missile Defense Brigade, 94th AAMDC.

The Missile Defense Advocacy Alliance is a nonprofit organization whose mission is to educate the American public about missile defense issues. The organization was founded in 2002 by Riki Ellison to generate public support for the continued testing, development and deployment of missile defense systems.



Staff Sgt. Joe Chacon (right), an assistant operations noncommissioned officer with 10th Missile Defense Battery, 100th Missile Defense Brigade, 94th AAMDC, is recognized as a Pacific Theater Air and Missile Defender of the Year for integrated air and missile defense excellence, Sept. 26, by the Missile Defense Advocacy Alliance during a ceremony in Waikiki.

‘Charlie Rock’ says goodbye to Task Force Talon

MAJ. JONATHAN C. STAFFOR
94th Army Air and Missile Defense Command

ANDERSEN AIR FORCE BASE, Guam — “Permission to assume the Defense of Guam Mission,” echoed through the Coral Reef Fitness Center, here, as Capt. Joshua Geis, commander, Company D, 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Inf. Division, accepted his new duty as commander of the security force for Task Force Talon (TFT), 94th Army Air and Missile Defense Command.

Delta Co., known as the “Dogs of War,” took part in a transition of authority ceremony, where it officially uncased its colors and assumed responsibility of the security force mission for TFT.

TFT is the U.S. Army unit tasked with defending the skies over Guam from ballistic missile attack with the first forward deployed Terminal High Altitude Area Defense (THAAD) missile defense system.

The THAAD battery does not have assigned personnel to conduct site security, so it requires a security force augmentation to defend the THAAD “Site Armadillo” in northwestern Guam.

The security force is responsible for perimeter security, entry control point operations, manning guard towers, site surveillance activities, roving patrols and providing a quick reaction force.

“The Dogs of War are poised for the defense of

Guam mission. We are also excited to partner with sister services and other agencies to conduct training while deployed to Guam,” Geis said. “We come from a battalion, the “Wolfhounds,” who have a great legacy with working with communities. We plan to continue that legacy while here, conducting community outreach with local schools to bring our ohana spirit to the island of Guam.”



Photo by Capt. Daniel Lessard, 2nd Stryker Brigade Combat Team, 25th Infantry Division

1st Sgt. Joseph Denny (left), first sergeant, Co. C, 1-14th, 2nd SBCT, 25th ID, supervises live-fire training.

Delta Co. took over the security force mission from “Charlie Rock,” Co. C, 1-14th Inf. Regt., 2nd Stryker BCT, 25th ID. Charlie Co. was deployed to Guam for the past four-and-a-half months.

“Charlie Co. is returning to Schofield Barracks with increased tactical skills, fitness and resilience. I am proud of our Soldiers and their hard work throughout this deployment. I’m especially proud of the relationships we built with the Task Force Talon team,” said Capt. Daniel Lessard, commander, Co. C.

Besides providing site security, the security force is still required to remain proficient in its infantry skills. During its deployment, Charlie Rock conducted regular live fires, squad movement-to-contact lanes, jungle warfare training and combatives certifications.

Its training paid off as it demonstrated movement-to-contact and squad attack training lanes on Andersen AFB’s live-fire range for the 3rd Bn., 196th Inf. Training Support Brigade and the Air Force’s 36th Wing Safety Office. The successful demonstration allows Guam’s National Guard and Army Reserve units to now use the range for live-fire training.

“The deployment has been a wonderful experience for our Soldiers deployed to Guam. Not only were we able to learn about ballistic missile defense and provide security for a strategic asset, but we had the opportunity to methodically train

our Soldiers on individual and team-level tasks,” said Lessard.

Charlie Co. also distinguished itself off duty by being highly involved in the local community during its deployment. Twenty Charlie Co. Soldiers volunteered to repaint buildings and parking lines at Juan M. Guerrero Elementary School in Dededo in August.

The Soldiers of Charlie Rock also marched with Task Force Talon in the 71st Guam Liberation Day Parade for the first time.

“For the short time that Charlie Co. was deployed to Guam, they definitely made a big impact. From improving site security, to executing excellent training and being involved in the local community, Charlie Co. set high standards in everything that they did. Now that Delta Co. has taken over the security force mission, I look forward to seeing them build upon Charlie Company’s success,” said Lt. Col. Jefferey Slown, commander, Task Force Talon, 94th AAMDC.

The deployment of 1-14th Inf. Regt. Soldiers to Guam was historic. They were the largest infantry unit to deploy to the island since Operation New Life at the end of the Vietnam War.

The Soldiers from 2-27th Inf. Regt. are ready to begin a new chapter in the history of the security force mission for Task Force Talon.

(Note: Staffor is the executive officer of Task Force Talon.)

Old Hawaii Soldiers go to reunions – all over the U.S.

DON “ROCK” ARAKAKI
Old Soldiers of Hawaii

WAIANAE — The Old Soldiers of Hawaii (OSH) held its 26th annual reunion at the Herbert K. Pililaau Army Recreation Center, here, Sept. 18-20.

More than 200 veterans and family members from the mainland, Oahu and neighbor islands



Photo courtesy of Old Soldiers of Hawaii

Dan Quinn from the Celtic Pipes and Drums of Hawaii (with bagpipes), performs at the Old Soldiers of Hawaii 26th annual reunion, Sept. 18-20, at PARC on Pokai Bay.

attended the reunion.

Rocky Naeole, OSH chairman, and committee members Brenda Lee-Peiler, Bill Peiler Nattie Kaahaaina, Sam Belen, Roland Kauwelo, Daniel Davis, Joyce Arakaki and Albert Silva orchestrated a very successful reunion.

This year’s reunion began on a Friday morning with 25 golfers participating in a friendly tour-

namement at the Makaha Valley Country Club.

The reunion continued that evening with a Fellowship Dinner at the Sunset Café, PARC, with entertainment by the musical group “Simplicity.”

There was a “Warriors” Luau on Saturday at the Sunset Café, and the members enjoyed the entertainment by Ben Mejia and Dancers.

OSH finished the reunion with a memorial service, at PARC, to honor its fallen comrades. This service honored five of the six founders of OSH and recognized the old Soldiers who had

passed this past year. A special tribute was paid to three Medal of Honor recipients from Waianae: Shinyei Nakamine and Yeiki Kobashigawa (World War II) and Herbert K. Pililaau (Korean War). Their family members were also recognized at the memorial service.

After the memorial, the old Soldiers and their families enjoyed a brunch at the Harvey House and bid farewell to those who had to travel until they meet again at next year’s reunion in Las Vegas.

(Editor’s note: Retired Col. Don “Rock” Arakaki is the vice chairman for OSH.)

Old Soldiers of Hawaii

In May 1990, Irwin K. Cockett, Peter Cabral, Bryson Jhung, Manny Cabral, Alfred Los Banos and Francisco Limbago decided to form an organization of old Soldiers from Hawaii to meet annually to reminisce and renew friendships amongst veterans from the World War II, Korea and Vietnam wars. The Old Soldiers of Hawaii, or OSH orga-

nization, started with over 400 veterans and meets annually during the third week of September, with a joyous reunion of camaraderie and sharing of memories with Soldiers of the past.

The oldest veteran is more than 90 years old, and one veteran made the trip to Waianae from Florida. OSH has met in Washington, Oregon, Nevada and California, and on Hawaii Island, Maui, Kauai and Oahu.

CID warns of much danger in Internet romance scams

U.S. ARMY CRIMINAL INVESTIGATION COMMAND
News Release

QUANTICO, Virginia — “He loves me; he loves me not.”

The phrase has been repeated by many looking for love. In today’s world of online dating and social media sites, however, the phrase may have changed from the plucking of petals to a

stroking of keys with, “He is real; he is not.”

With millions of Americans turning to the Internet for love and companionship, the U.S. Army Criminal Investigation Command warns of romance scams and impersonation fraud that drains one both emotionally and financially.

In the last six months of 2014, online romance scams cost their victims more than \$82 million, according to the FBI’s Internet Crime Complaint

Center. The average financial loss from these romance schemes is between \$15,000 and \$20,000.

CID reports many of these cyber criminals pose as U.S. Soldiers or senior Army officers and non-commissioned officers. The criminals often post official Army photographs and biographies in an attempt to build trust with their victims and lure them out of personal and financial information.

Officials warn that the perpetrators use social media and online dating sites, promising love and romance to unsuspecting victims. After the initial introduction, often through very personal, intimate conversations via instant messaging or email, the scammers attempt to manipulate and exploit their victims.

Tactics used by cyber criminals include preying on their victim’s emotions and appealing to their sense of empathy and patriotism. Before long, the cyber criminal makes a request for money.

Complying with these requests often places the victim at risk financially and opens them up to the possibility of becoming a victim of identity theft.

“We cannot stress enough that people need to stop sending money to persons they meet on the Internet and claim to be in the U.S. military,” said Chris Grey, Army CID spokesman. “It is

heartbreaking to hear these stories over and over again of people who have sent thousands of dollars to someone they have never met and sometimes have never even spoken to on the phone.”

Grey explained that the victims are most often unsuspecting women, 30 to 55 years old, who think they are romantically involved with American Soldiers on the Internet, when, in fact, they are being cyber robbed by perpetrators thousands of miles away.

The perpetrators often take the true rank and name of a U.S. Soldier who is honorably serving somewhere in the world, or has even left the service, and post that information with photographs of a Soldier downloaded from the Internet.

Many of them state they are serving in a combat zone or foreign country, most often West African countries. The perpetrators give excuses for needing money, to include medical care, to return to the states, to sell their car and to help their children.

“These thieves are very good at what they do. They manipulate the emotions of their victims and will make claims about Army regulations that the public does not know are incorrect,” Grey said. “The service member is not even aware their name and photo is being used in this way.”

Avoiding and Reporting Scams

Investigators urge the public to consider the following:

- Be extremely suspicious if you are asked for money for transportation costs, communication fees or marriage processing and medical fees. Don’t ever send money!
- If you do start an Internet-based relationship with someone, research what he/she is telling you with someone who would know, such as a current or former service member.
- Be very suspicious if you never actually speak with the person on the phone or are told you cannot write or receive letters.

- Many of the negative claims made about the military and the supposed lack of support and services provided to troops overseas are inaccurate.

Check the facts.

- Service men and women serving overseas will often have an APO or FPO mailing address.
- Be very suspicious if you are asked to send money or ship property to a third party or company. Oftentimes, the company exists, but has no idea or is not part of the scam.
- Be aware of common spelling, grammatical or language errors in emails.

Two in USARPAC earn 2015 Paralegal of Year

Story and photo by
SGT. JON HEINRICH
8th Theater Sustainment Command
Public Affairs

FORT SHAFTER — Every year, Soldiers from across the Pacific Theater come to Hawaii to compete for the title of Paralegal of the Year. Nineteen Soldiers competed for this year’s U.S. Army-Pacific 2015 Paralegal Warrior Challenge, Sept. 21-25, at several locations on Oahu. Of those 19, only two could be crowned the winners: one noncommissioned officer and one junior enlisted Soldier.

Sgt. Nathan Ramos, a military justice paralegal NCO with 8th Special Troops Battalion, 8th Theater Sustainment Command, was named the USARPAC 2015 Paralegal NCO of the Year.

“The competition was tough,” said Ramos. “It was a week-long Spartan race. (That’s) what I would compare it to, but I think it was a little more grueling than that.”

Some of the events were a military board, a military occupational specialty (MOS) exam, a physical fitness test, a 200-meter swim and an air assault obstacle course conducted at Schofield Barracks and its East Range.

“On Thursday, we had a 6-mile ruck march

around Aliamanu Military Reservation, followed by warrior tasks and battle drills, followed by another general MOS exam,” Ramos said.

For Ramos, the swim and the ruck march were the toughest events during the competition, but the biggest thing for him was realizing how far he could push himself.

“The camaraderie was really awesome,” Ramos said. “What I thought was really cool was bringing other paralegals from off-island and having everybody here. So, you’re competing not only against other units from Hawaii, but you’re competing against Korea, Japan and Fort Lewis.”

Ramos received an Army Commendation Medal and plaque during an awards ceremony held at Palm Circle, here.

Honorees

The USARPAC 2015 winners follow:

- Spc. Wang Ong, 25th Sustainment Brigade, 25th Infantry Division.
- Sgt. Nathan Ramos, 8th Special Troops Battalion, 8th Theater Sustainment Command



Sgt. Nathan Ramos (center), a paralegal noncommissioned officer with 8th TSC, stands with Maj. Gen. Todd B. McCaffrey (left), the deputy commanding general for USARPAC, and Command Sgt. Maj. Bryant Lambert, USARPAC senior enlisted adviser, Sept. 25, at historic Palm Circle.

BWC: Competition is getting started

CONTINUED FROM A-1

I actually just had my daughter right before the competition.

My little boy and my fiancé at home are cheering me on.

”Hooks, who also has family at home cheer-

ing him on, said that his wife and 2-year-old daughter are cheering and encouraging him.

The competition is an annual event to select the U.S. Army’s Noncommissioned Officer of the Year, known as the “Best Warrior.”



Photo by Spc. Jamill Ford

Sgt. Michael L. Hooks, 8th TSC, marks his target during the Best Warrior Competition.



Maj. Gen. Charles Flynn, senior commander of U.S. Army Hawaii, signs the proclamation, declaring October as Domestic Violence Awareness Month. On the right is an Empty Place at the Table Display that memorializes people killed by domestic violence.

Army heightens focus on domestic violence issues

Story and photos by
DON ROBBINS
Contributing Writer

SCHOFIELD BARRACKS — Army leaders, Soldiers and community members gathered to honor victims of domestic violence and urge each other to prevent it during the annual Domestic Violence proclamation signing at the Nehelani, here, Oct. 2, hosted by the Family Advocacy Program, or FAP.

Maj. Gen. Charles Flynn, senior commander of U.S. Army Hawaii, signed the proclamation, declaring October as Domestic Violence Awareness Month (DVAM).

Flynn emphasized this year's Army theme: "It starts with respect: Live by core values to keep your relationship healthy and strong."

The proclamation states, "Core values are more than talk. Core values are lived and reflected in our everyday practices and interactions.

Just as each branch of the military has a set of core values, so should every relationship.

"Respect and trust are the foundation of healthy, intimate relationships, but successful, lasting relationships also require integrity, commitment, honesty, selflessness and courage," the proclamation continues.

"Every couple experiences relationship challenges. No matter how tough times get, commit to living by core values and working through problems in a healthy way," it says.

"Children learn about relationships by watching the people they know best. Set the stage for your child's future relationships by modeling safe, respectful communication



The Empty Place at the Table display was created to mourn the loss and memorialize the lives of people killed by incidents of domestic violence.

and conflict resolution with your spouse or partner," the proclamation declares.

The proclamation noted, though, that, in recent years, there has been an upward trend in substantiated cases of domestic violence in the Army.

Flynn urged the Army community to let the USARHAW FAP be its partner in preventing and reducing the risk of domestic abuse

Upcoming Events

The Family Advocacy Program will host a variety of awareness events throughout the month:

- Oct. 16, 6:30 a.m., Domestic Violence 5k Run/Walk, sponsored by 25th Infantry Division Artillery (DIVARTY), at Hamilton Field, Schofield Barracks. The event is stroller-friendly.
- Oct. 22, 6 p.m., "Laugh Your Way to a Better Marriage" seminar, at the Schofield Barracks Chapel Annex. Free on-site child care and dinner will be provided. Call Army Community Service to register. For more details on these events, call 655-4ACS (4227).

Family Advocacy Program

The Family Advocacy Program's Prevention, Education, Outreach (FAP-ED) also offers a variety of parenting classes. New parents can contact the New Parent Support Program at 655-4227 (Schofield) or 438-4227 (Shafter) for help and tips in dealing with their baby.

In addition, parents can contact the Child Help Hotline (1-800-4-CHILD or 2445), a toll-free number, to talk to a professionally trained counselor and get help.

FAP is part of the Directorate of Family and Morale, Welfare and Recreation's Army Community Service.



David Ascher, lead educator and senior prevention specialist with the Family Advocacy Program (left), speaks with a guest at the Domestic Violence Awareness Month event.

and to restore valued relationships that are deteriorating.

FAP advocacy

The event started with a Hawaiian Oli, or chant from retired U.S. Army Lt. Col. Makale-na Shibata.

The ceremony also included a poem written by Jan P., a survivor of domestic violence, read by Lisa Allen.

The poem describes a woman who has escaped the punches and manipulation of her tormentor.

It ends on this note: "There are obstacles in the distance. Overcoming them with courage. You'll do it with persistence. Then you'll come through it wise and strong. Though it seems that it's a long way. Just look at me, I once was you, who survived to live today."

Participants entered the event by walking through a Silent Witness display, lined with purple ribbons and cardboard silhouettes remembering victims of domestic violence.

One of the silhouettes depicted a 46-year-old woman and her 13-year-old daughter who were shot and killed by her boyfriend, before he turned the gun on himself.

"Preventing domestic violence depends on people counting on each other," said Staff Sgt. Brandon Chaney, a reconnaissance team leader for Headquarters and Headquarters Co., 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, as he studied the display.

Chaney said it is important to recognize when people are in trouble and can potentially become victims of domestic violence or become abusers. He said the visual display was eye-catching.

"It makes you think," he added.

A series of dining tables with an empty place setting were arranged along one side of the conference room.

Victims honored by the memorial displays ranged from small children to adults.

The Empty Place at the Table display was created to mourn the loss and memorialize the lives of people killed by incidents of domestic violence.

Another display included a clothesline with T-shirts featuring domestic violence awareness messages, made by Schofield Barracks teens during a healthy relationships workshop.

The Clothesline Project is a program started in Massachusetts in 1990 to address the issue of violence against women.

Outreach Tables

View Family Advocacy Program tables at these locations:

- Oct. 9, today, 4-6:30 p.m., at the Aliamanu Military Reservation's National Night Out at the Community Center.
- Oct. 13, 7-9 a.m., at the Schofield Barracks Fitness Center.
- Oct. 20, 10 a.m.-1 p.m., at the Fort Shafter PX Market.
- Oct. 23, 10 a.m.-1 p.m., at the Schofield Commissary.
- Oct. 28, 2:30-4:30 p.m., at Fort Shafter Library.

If you or someone you know needs help, FAP Behavioral Health and FAP Victim Advocacy are standing by to provide support. The U.S. Army Hawaii Domestic Violence Hotline is staffed by victim advocates, 24/7, who can be reached at 624-SAFE (7233).



Staff Sgt. Brandon Chaney, Headquarters and Headquarters Company, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, studies a display about domestic violence.

Domestic Violence Statistics

Here are some facts about domestic violence announced at this year's Domestic Violence Awareness Month proclamation-signing event.

- One in every four women will experience domestic violence in her lifetime.
- About 30 to 60 percent of perpetrators of domestic violence also abuse children in the household.
- One-third of all women killed in the U.S. are killed by their husbands, ex-husbands, boyfriends, or ex-boyfriends.
- One in seven men have been victims of severe physical violence by an intimate partner in their lifetime.
- The number of U.S. troops killed in Afghanistan and Iraq: 6,614. The number of women, in the same period, killed as the result of domestic violence in the U.S.: 11,766.
- Domestic violence is statistically consistent across racial and ethnic boundaries.
- In U.S. Army Hawaii, alone, there were 279 incidents of spouse abuse that met criteria in fiscal year 2014.
- On a typical day, there are more than 20,000 phone calls placed to domestic violence hotlines nationwide.
- Most cases of domestic violence are never reported to the police.
- Every nine seconds a woman is battered or abused.



The Empty Place at the Table display mourns the loss and memorializes the lives of people killed by incidents of domestic violence.



Briefs
Today

Resume Workshop — ACS Employment Readiness helps you create or update your resume for a private sector job, 10 a.m.-noon, at ACS SB. Call 655-4227.

10 / Saturday

ODR Surfing — Learn to surf like a local as Outdoor Recreation will teach you the basics, 8:30 a.m.-12:30 p.m. Outdoor Rec. will provide the transportation equipment and instruction. All you need to bring is water, snacks and sunscreen.

Must be a proficient swimmer and able to tread water for at least 6 minutes and swim 200 yards. Sign up at Outdoor Rec. no later than noon, Oct. 9. Cost is \$59/person. Call 655-0143.

SB Kolekole Bar & Grill —

Weekend restaurant services now offered, 11 a.m.-6 p.m., Saturdays, and 6 a.m.-3 p.m., Sundays.

11 / Sunday

FS Sunday Brunch — Enjoy Sunday Brunch at Hale Ikena from 10 a.m.-1 p.m. Visit www.himwr.com/images/dining/haleikena/2015-Hale-Ikena-Sundaybrunch-menu.pdf for a full menu. Call 438-1974.

14 / Wednesday

BOSS Meetings — Hooah! Single Soldiers and geographic bachelors are highly encouraged to attend BOSS meetings every Wednesday of the month to discuss community service projects and fun upcoming programs. Get involved and make a difference.

North meetings are held at SB Tropics, every 1st & 3rd Wednesday, at 3 p.m.

South meetings are held at the FS Bowling Center, every 2nd and 4th Wednesday of the month, at 10 a.m.

BOSS is waiting for your call, 655-1130.

Teen Manga Club —

Get your Manga fix with other teens, 3 p.m., SB Sgt. Yano Library, every second and fourth Wednesdays of the month. Call 655-8002.

16 / Friday

Employment Readiness — ACS conducts a networking and interviewing workshop, 10 a.m.-noon, at SB ACS. Build a LinkedIn Profile, receive tips on working job fairs and prepare for a job interview. Call 655-4227.

Grill Your Own Steak Night —

FS Hale Ikena lets you grill your own steak, 3-8 p.m., every 1st & 3rd Friday on Mulligan's lanai for \$13.95, or let one of the chef's grill it for an extra \$3. All steaks are served with a baked

LIVING HISTORY DAY



Living History Day
Tropic Lightning Museum
Saturday, Oct. 10, 2015
10 a.m. - 3 p.m.
Free Admission / Public Welcome
Opening Ceremony 10 a.m.
Food & Shave Ice Available for Purchase

Activities Include:
Live Big Band Music
Swing Dancing
Children's Activities
K9 Military Dogs
Historic Weapons, Vehicles, & Re-enactors
Interactive & Static Displays:
Civil War, WWII, Korean War, Vietnam War, Global War on Terrorism

For activity times visit our website:
<http://www.garrison.hawaii.army.mil/tm/index.html>
(808) 655-0438

Tropic Lightning Museum
Building # 361
Waianae Ave., Schofield Barracks, HI

Schedule and map courtesy of Tropic Lightning Museum and file photos

SCHOFIELD BARRACKS – Tropic Lighting Museum hosts Living History Day to commemorate the 25th Infantry Division's organization day, 10 a.m.-3 p.m., Saturday, Oct. 10. There's something for everyone at this family event.

potato and the chef's choice vegetable. Call 438-6715.

21 / Wednesday

Federal Job Seminar — ACS Employment Readiness hosts federal resume guru Kathryn Troutman in a two-part seminar workshop, beginning at 9 a.m., at the SB Nehelani. Register with ACS Employment Readiness at www.himwr.com/acs; select "class calendar" or call 655-4227.

Preschool Storytime —

SB Sgt. Yano Library hosts, 10 a.m., every first and third Wednesday of the month. Call 655-8002.

22 / Thursday

ACS Marriage Support — "Laugh Your Way to a Better Marriage" when doors open at 5:30 p.m. at SB Chapel Annex, Bldg. 791. This event is designed to bring hope and positive change, improve communication and rekindle the romance in your marriage. Free on-site child care and dinner provided. Contact ACS to

register at 655-4227.

23 / Friday

Career Fair — Meet employers, conduct on-site interviews and, most importantly, bring your resume, 10 a.m.-2 p.m., at the SB Nehelani. Register with ACS Employment Readiness at www.himwr.com/acs and select "class calendar" or call 655-4227.

Ongoing

Catering and Event Services — SB Nehelani and FS Hale Ikena offers services and support for baby's first birthday, graduation parties, hail and farewells. Book your next event at Army Clubs. Call 438-1974 (FS) or 655-4466 (SB) to speak to a catering manager.

Mango Languages — Army Hawaii Libraries can help you learn a foreign language. Mango Languages is a fun, fast and effective way to learn a new language with over 60 foreign language courses and 17 English

lessons available.

Set up an account via the libraries' Web catalog, <http://dodhawaiilibraries.org>. Select the "eResources" tab, and then Mango Languages from the database list. (You will need your Web login and PIN number.) Call 655-8002.

Universal Class — Army Hawaii Libraries offers over 500 online courses on a wide range of subjects. Courses are available 24/7, instructor led, and self-paced. Minimum high school reading and writing level recommended.

Universal Class is free to library account holders. Set up an account via the libraries' Web catalog, <http://dodhawaiilibraries.org>. Select the "eResources" tab and then Universal Class from the database list. Enter "AKO," if prompted, for library access code.

Pau Hana Social — SB Kolekole Bar & Grill offers end of workday food and drink specials, 5-7 p.m., Mondays, Tuesdays, Wednesdays and Fridays; plus 4-6 p.m., Thursdays.

community
Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

Discount Gasoline — The Exchange will offer Military Star Cardholders a 10 cent discount per gallon of gas during the Oct. 9-11 weekend at all Hawaii Exchange locations, as part of its Military Star Card rewards program.

Zombies — Have you ever wanted to play a zombie? Now is your chance because zombies are needed to scare runners by taking their flags from belts, Saturday, Oct. 10, at the Zombie Run at 6 p.m.

Call Megan Miller at 655-8789, today, to reserve your spot. Makeup is provided from 3:30-4:30, Saturday.

Gift Wrapping — Family readiness groups authorized to operate on USAG-HI may register to participate

in annual holiday gift wrapping fundraisers at the Schofield Exchange through Nov. 2. Send a request to [usarmy.wheeler.imcom-pacific.mbx.fundraising@mail.mil](mailto:usarmy.wheeler.imcom-pa-cific.mbx.fundraising@mail.mil).

A random drawing will be held Nov. 4. Fundraising dates are Nov. 27-Dec. 24, from 9 a.m.-8 p.m., daily and Saturdays; from 10 a.m.-6 p.m., Sundays. Call 656-0102.

The Magic Flute — Mozart opera scheduled for three performances, beginning Friday at 8 p.m., at the Blaisdell Concert Hall. A Sunday matinee and Tuesday concluding performance are also scheduled. Call the Hawaii Opera Theatre box office at 596-7858.

10 / Saturday

Kolekole Walking-Hiking Trail — The trail is closed this holiday weekend, Oct. 10-12, due to live-fire training.

Hispanic Heritage Festival and Health Fair — Music, entertainment and food booths throughout the day, 10 a.m.-9 p.m., celebrates Hispanic Heritage Month at

the Frank Fasi Civic Center Grounds, 550 S. King Street. Visit www.hispaniceventshawaii.com.

Oh Baby! Family Expo — Hawaii's largest baby and kids expo runs, 10 a.m.-5 p.m., Saturday and Sunday, at the Blaisdell Exhibition Hall. Visit www.ohbabyfamilyexpo.com.

13 / Tuesday

Family Night — Enjoy AMR family gatherings at 5:30 p.m. every Tuesday at the AMR Chapel. This broad-ranging Christian program features fellowship and Bible study from 6:15-7:30 p.m. Child care is provided. Call AMR Chapel, 839-4319. Schofield Family Night is held Wednesdays at 5:30 p.m.

16 / Friday

Volunteers — Volunteers are needed for the Kaneohe Bay Air Show and Open House to assist in food service, marketing, ticketing and more. Volunteers will receive an air show volunteer T-shirt and certificate of appreciation. Volunteering provides an opportunity to help the community, build

self-confidence, gain new job skills and meet new friends. Visit www.kaneohebayairshow.com/volunteer.html.

Food and New Products Show — Weekend show begins Friday night, 5-10 p.m., Blaisdell Exhibition Hall, and features 200 exhibitors with new products for the home kitchen, food samplings, live cooking demonstrations from local restaurants and a farm-to-table local farmers market.

17 / Saturday

Free Movie Screening — The movie "Goosebumps" will be shown, 5 p.m., at the Hickam Memorial Theatre. Doors open at 3 p.m. Tickets are available at the Hickam Food Court. Call 422-4425.

Kaneohe Bay Air Show and Open House — This two-day Marine Corps Base Hawaii, K-Bay, open house includes free admission, parking and a world-class air show. The family friendly event will feature the U.S. Navy Flight Demonstration Team, the Blue Angels, along with a list of exhilarating professional performers and historical Warbirds, static displays and keiki events.

worship
Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers' Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
 - 8:30 a.m. at AMR
 - 10:30 a.m. at MPC Annex
 - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at Soldiers' Chapel and 12 p.m., TAMC

Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Friday, 7:30 p.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at Wheeler Annex

Protestant Worship

- Sunday Services
 - 9 a.m. at MPC
 - 9 a.m., at FD, TAMC chapel
 - 10 a.m. at HMR
 - 10:30 a.m. at AMR
 - 11:30 a.m. at WAAF (Spanish language)
 - 11 a.m. at SC (Contemporary)
- Liturgical (Lutheran/Anglican)**
- Sunday, 10 a.m. at WAAF



Temporarily closed
for maintenance



Schofield Barracks

Sgt. Smith Theater

is closed for
Directorate of
Public Works
maintenance work.

Tentative reopening
for movie viewing

is now scheduled for

Saturday, Sept. 12

Call Schofield
Exchange at
237-4502/4572.



Calendar abbreviations

- 8th TSC: 8th Theater Sustainment Command
- 25th ID: 25th Infantry Division
- ACS: Army Community Service
- AFAP: Army Family Action Plan
- AFTB: Army Family Team Building
- AMR: Aliamanu Military Reservation

- ASYMCA: Armed Services YMCA
- BCT: Brigade Combat Team
- BSB: Brigade Support Battalion
- Co.: Company
- CYSS: Child, Youth and School Services
- EFMP: Exceptional Family Member Program
- FMWR: Family and Morale, Welfare and

- Recreation
- FRG: Family Readiness Group
- FS: Fort Shafter
- HMR: Helemano Military Reservation
- IPC: Island Palm Communities
- PFC: Physical Fitness Center
- SB: Schofield Barracks

- SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
- TAMC: Tripler Army Medical Center
- USAG-HI: U.S. Army Garrison-Hawaii
- USARPAC: U.S. Army-Pacific
- WAAF: Wheeler Army Airfield

Smoke alarm protection needed for each bedroom

Story and photo by
FIRE INSPECTOR ANGELA SANDERS
Federal Fire Department

Location matters when it comes to your smoke alarm.

That’s the message behind this year’s Fire Prevention Week campaign, “Hear the Beep Where You Sleep. Every Bedroom Needs a Working Smoke Alarm!”


Along with firefighters and safety advocates nationwide, the Federal Fire Department (FFD) is joining forces with the nonprofit National Fire Protection Association (NFPA) during Fire Prevention Week, Oct. 4-10, to remind local residents about the importance of having working smoke alarms in every bedroom, outside each sleeping area, and on every level of the home, including the basement.

Smoke alarms help
According to the latest NFPA research, working smoke alarms cut the chance of dying

Learn More

For more information about FFD, contact Fire Inspector Angela Sanders at (808) 471-3303, ext. 617.

To learn more about smoke alarms and “Hear the Beep Where You Sleep. Every Bedroom Needs a Working Smoke Alarm!” visit www.firepreventionweek.org and www.sparky.org/fpw.



in a fire in half. Meanwhile, three out of five fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms.

The FFD Prevention Chief Jeffrey Fernaays would like you to know, according to NFPA statistics, “In a fire, seconds count. Roughly half of home fire deaths result from fires reported at night between 11 p.m. and 7 a.m. when most people are asleep. Home smoke alarms can alert people to a fire before it spreads, giving everyone enough time to get out.”

This year’s Fire Prevention Week campaign includes the following smoke alarm messages:

- Install smoke alarms in every bedroom, outside each separate sleeping area and on every level of the home, including the basement.
- Interconnect all smoke alarms throughout the home. This way, when one sounds, they all do.
- Test alarms, at least monthly, by pushing the test button.
- Replace all smoke alarms when they are 10 years old, or sooner, if they don’t respond properly.
- Make sure everyone in the home knows the sound of the smoke alarm and understands what to do when they hear it.
- If the smoke alarm sounds, get outside and stay outside. Go to your outside meeting place.
- Call the fire department from outside the home.

Appearances
The FFD will be at the following locations

during Fire Prevention Week to promote “Hear the Beep Where You Sleep. Every Bedroom Needs a Working Smoke Alarm!”

- Friday, Oct. 9, at National Night Out at Aliamanu Military Reservation Community Center, 4-6 p.m.
- Tuesday, Oct. 20, at Marine Corps Base Hawaii Mololani Community Center, 3-7 p.m.

- Friday, Oct. 30, at the Fall Festival at Hickam Makai Recreation Center, 4-6:30 p.m.
- Saturday, Oct. 31, at Aloha Stadium, UH vs. Air Force Football, 4:30-6:30 p.m.

Through these educational, family-oriented activities, residents can learn more about the importance of having a working smoke alarm in every bedroom.



File photo

SCHOFIELD BARRACKS — Federal Fire Department firefighters attend to a wildfire that started north of McNair Gate, here, in 2012.

DeCA turns 24, continues providing commissary benefits

DR. PETER SKIRBUNT
Defense Commissary Agency

FORT LEE, Virginia — Twenty-four years ago, this month, the Defense Commissary Agency officially opened its doors for business around the world.

Today, its employees observe this anniversary the way they do every year: working hard to bring the commissary benefit to their customers with great savings on name brand products at 240 stores in 13 countries.

And that’s a fine way to mark this anniversary, said Air Force Command Chief Master Sgt. Stuart M. Allison, senior enlisted adviser to the DeCA director.

“Because what really matters are our customers, America’s military community, the people who bear the brunt of this nation’s defense today, and the people who performed that duty in the past, and those in their immediate families,” Allison said.

In the last 24 years, the people of DeCA have improved the commissary benefit in multiple ways, said Allison.

“You see it in the quality of the facilities we run, the stock assortments our stores carry and the savings we provide our customers,” he said.



come eligible to enjoy the benefit and customer savings have increased.

In 1991, commissaries provided average customer savings of 20 percent when compared with local grocery chains. Today, average savings are more than 30 percent. Thanks to customer surcharge dollars, which fund new stores or renovate existing ones, the agency strives to provide military families with a shopping experience comparable to civilian sector stores.

While the Congress-mandated surcharge has remained at 5 percent since 1983, the number of items stocked by commissaries has increased, from about 13,000 in the largest stores in 1991 to 22,500 items available in DeCA’s larger commissaries in 2015.

National Guard and Reserve personnel, always key components of the military, were granted full-time commissary benefits in 2004.

Through the years, conveniences such as self-checkouts, sushi bars, hot foods, deli-bakeries, credit and debit card acceptance, gift certificates and much more have been added to modern commissaries.

When natural disasters strike military instal-

lations, as happened 10 years ago when Hurricane Katrina hit Gulf Coast installations hard, commissaries provided crucial aid to military and civilian families in need of food and supplies. Even when commissaries were severely damaged, temporary stores brought some sense of normality to affected customers.

Commissaries provide a substantial savings, particularly in high cost of living areas of the country, and overseas they bring a morale-building “taste of home” by providing familiar American food products.

“When our troops go down-range, the families left behind depend upon their local community services, including the commissaries, to see them through tough, lonely times,” Allison said. “I know firsthand because the commissaries have been there for my family when I’ve had to deploy.

“With 24 years of experience as a Defense agency, commissaries continue delivering this highly valued military benefit to our men and women in uniform and their families,” he added.

So, as the agency observes its 24th birthday, Allison said he’s celebrating with a movie from the exchange, and some drinks, popcorn and other snacks from his commissary.

“I appreciate my commissary benefit and the folks who have run it for nearly a quarter of a century,” he said, “and I salute them all for carrying on that tradition of service.”

(Note: Dr. Peter Skirbunt is DeCA historian.)

Almost 150 years old
While Oct. 1 marks DeCA’s 24th anniversary, the commissary benefit itself is almost 150 years old.

In 1866, Congress authorized the Army to sell food items, at cost, to officers and enlisted men starting July 1, 1867. These sales were authorized at every Army post with a subsistence warehouse. Sales areas were simply a table or counter in the warehouse, and the official stock list was only 82 items, but this was the start of the modern commissary benefit.

Since the early years of the 20th century, commissaries have been similar to civilian grocery stores and supermarkets in terms of both layout and the number of items offered for sale. In the last 24 years, store facilities have been further upgraded, more people have be-



File photo

SCHOFIELD BARRACKS — The Defense Commissary Agency celebrates 24 years of service to Soldiers and family members at stores, including here.

POSTER CONTEST

DON'T BE A BYSTANDER

TAKE A STAND!

YOUTH

You Can't Put a

bandaid on a heart.

Poster by Jennifer Epps, 9th grade-High School 1st place winner and overall winner in the Youth Take a Stand competition.

Adolescent Support and Counseling Service
(808) 655-9944

Installation Safety
USAG-HI Safety: (808) 656-1173 /
(808) 655-1167

Sexual Harassment Assault Response & Prevention
Hawaii SHARP 24 / 7
Hotline (808) 655-9474

Suicide Prevention
Hawaii Hotline
24-hr Crisis Line: (808) 832-3100
Neighbor Islands: (800) 753-6879



Photo by Mass Communication Specialist 2nd Class Daniel Barker

F/A-18 Hornet strike fighter aircraft assigned to the U.S. Navy flight demonstration squadron, the Blue Angels, perform acrobatics during the 2012 Kaneohe Bay Airshow. The show at Marine Corps Base Hawaii celebrated the 100th Anniversary of Marine Corps Aviation.

Upcoming air show will increase air activity



Photo courtesy of the Blue Angels

F/A-18 Hornet strike fighter aircraft assigned to the U.S. Navy flight demonstration squadron, the Blue Angels, perform acrobatics.

MARINE CORPS BASE HAWAII
News Release

MARINE CORPS BASE HAWAII, Kaneohe Bay — MCBH will host the Kaneohe Bay Air Show and Open House, Oct. 17 and 18. The event will feature the U.S. Navy Flight Demonstration Squadron, the Blue Angels, along with other military and civilian performers.

From Oct. 12 to 19, members of the surrounding community can anticipate an increase in aircraft activity in Windward Oahu.

The Blue Angels are scheduled to arrive Oct. 12, between noon and 4 p.m., and military and civilian aircraft are scheduled to arrive and rehearse Oct. 13 through 16, between 8 a.m. and 6 p.m.

The air show’s demonstrations are slated to take place Oct. 17 and 18 between 11 a.m. and 6 p.m., and the military and civilian aircraft departures are expected to occur Oct. 19 between 7 a.m. and 6 p.m.

While these times are offered for planning purposes, please understand they may change without notice.

MCB Hawaii appreciates the community’s understanding and continued partnership and support for our service members.

Rules exist for keiki’s med records

CPL. ANGELIQUE JEFFERSON
Regional Health Command-Pacific
Public Affairs

HONOLULU — As a parent, either biological or a stepparent, one of the most confusing things can be your child’s medical records.

Who has access to them? What are the policies, rules and regulations that cover who can and cannot access a child’s medical records?



Courtesy photo

Accessing children’s medical records requires understanding legal rules.

Learn guidelines
You may be surprised as to what you find out.

One of the most frustrating parts of a medical professional’s job is dealing with the release of a child’s medical information to divorced parents, parents that are divorcing or parents who are remarried to a person other than that child’s biological parent.

The most recent information on this issue was released from Medical Command on July 1, and it specifically addresses the release of a child’s medical information to biological parents, step-parents or even a primary caregiver, who could potentially be a child’s aunt or uncle or even grandparents.

A child’s medical information includes, but is not limited to, written medical records, verbal disclosures, like office visits, and telephone calls.

A stepparent does not have the same right of access to a minor child’s medical information as a biological parent; however, the biological parent who married the stepparent can give the stepparent a written medical power of attorney (POA) on behalf of the child.

This medical POA enables the stepparent to receive the child’s medical information, oral release of information during appointments or even schedule doctor’s appointments. This is true even if the two original biological

parents are divorced and one or both are remarried.

Bottom line
The bottom line is, any new spouse (stepparent) must have a medical POA from the biological parent in order to receive medical information about the stepchild, even if the stepparent is the service member or sponsor.

Of course, like most situations, there could be a special circumstance that arises.

The only time a biological parent can be excluded from receiving his/her own child’s health care information is by a court order. It does not matter if one biological parent has sole custody or physical custody. A court order would have to specifically prohibit the biological parent from receiving a child’s medical information.

Adoption rules
Adoption is another special circumstance that has its own rules.

When a stepparent has legally adopted his/her spouse’s biological child, he/she will then have the same rights to the child’s medical information. The adoption papers should be presented to the clinic only once, at which it then becomes a permanent part of that child’s record.

The matrix listed will give a quick and easy guide as to who has access to a minor’s medical information and who does not. Primary care providers, pediatricians, Emergency Department providers and specialty clinics caring for TRICARE beneficiaries suggest that biological parent(s) give a health care power of attorney to the stepparent, if he/she wants the stepparent to have access to the minor’s medical information.

TAMC contacts

Biological parents who need to get a medical power of attorney are welcome to visit the Tripler Army Medical Center’s Judge Advocate General Office or call (808) 433-2472 to obtain a medical POA.

Custodial, Noncustodial Parents and Step-parents			
	Access to DEERS	Access to Minors' Medical Records	Schedule Minors' Medical Appointments
Custodial Parent (TRICARE Beneficiary)	Yes	Yes	Yes
Custodial Parent (non-TRICARE Beneficiary)	No	Yes	Yes
Noncustodial Parent (TRICARE Beneficiary)	Yes	Yes	Yes
Noncustodial Parent (non-TRICARE Beneficiary)	No	Yes	Yes
Sponsor (Parent)	Yes	Yes	Yes
Sponsor (Step-parent)	Yes	No	No
Step-parent with healthcare power of attorney or HIPAA compliant authorization form	No	Yes	Yes

Photo Courtesy of Pacific Regional Medical Command

For some parents, using this matrix will help provide clarification about when a medical power of attorney is required.



File photo

The Army is joining organizations and communities across the nation to raise awareness about the dangers of depression.

TAMC TIP

Depression



October is National Depression Awareness Month.

Depression is a common, but treatable medical condition that can affect anyone, regardless of age, ethnic background, socioeconomic status or gender.

Individuals experiencing depression and those suspecting that a family member or friend may have depression are urged to contact their primary care physician or a behavioral health professional for screening and to get the care needed.

Screening for depression is an important part of maintaining overall health. The earlier an individual starts treatment for depression, the more effective it is and the greater the likelihood the recurrence can be prevented.

Depression screening is a step on the journey to maintaining your health.

The Department of Defense (DOD) offers anonymous behavioral health screening for Soldiers, family members and civilians, 24 hours a day, seven days a week, online at www.militarymentalhealth.org.